

Spiritual Principles in Group Money Discussions Task Force

Guided Meeting

Purpose:

To participate in a guided discussion of financial situations that incorporates spiritual principles in financial matters and discussions.

Workshop Materials:

Provide each small group with:

1. A copy of this workshop outline
2. Handout "Making Meetings about Money Easier"
3. Excerpts from our literature (*permission has been obtained from World Service Office (WSO) for this presentation. Please return the literature excerpts at the end of the World Service Conference (WSC) workshop*)

When this workshop is done at the local levels, use published Conference Approved Literature (CAL) books not excerpts. We suggest the following literature:

- a. *...In All Our Affairs: Making Crises Work for You* (B-15)
- b. *How Al-Anon Works for Families & Friends of Alcoholics* (B-22)
- c. *Al-Anon's Twelve Steps and Twelve Traditions* (B-8)
- d. *Reaching for Personal Freedom—Living the Legacies* (P-92)
- e. *Courage to Be Me—Living with Alcoholism* (B-23)
- f. *Paths to Recovery—Al-Anon's Steps, Traditions, and Concepts* (B-24) and *Paths to Recovery Workbook* (P-93)
- g. *Many Voices, One Journey* (B-31)
- h. *Al-Anon and Alateen Groups at Work* (P-24)
- i. *Discovering Choices* (B-30)

Directions:

Divide the participants into nine small discussion groups. Each group is given a topic from the "Making Meetings about Money Easier" handout and a page with respective quotations.

Using the meeting materials (above) and focusing on the spiritual principles, your task is to read out loud the introduction to your topic and the passages quoted and to discuss these passages and subsequent questions.

- Groups one, five and nine focus on "Fear of Financial Insecurity"
- Groups two and six focus on "Living by Spiritual Principles"
- Groups three and seven focus on "Using Tradition Seven for Money Discussions"
- Groups four and eight focus on "Abundance and Gratitude"

When the time is up, a participant from each group is selected to give a minute summary of their group's discussion. *Please return the printed literature excerpts.*