### **Conflict Resolution Task Force**

Our charge from WSC for 2021 is to:

- · Develop a workshop for use by Areas, Districts, and groups
- Use the Conflict Resolution Kit (S-70):
  - Loving Interchange to Resolve Conflict wallet card (S-71)
  - Conflict Resolution Using Our Twelve Traditions (S-72)
  - Talk to Each Other—Resolving Conflicts within Al-Anon (\$-73)
- Include Concept Five: "The rights of appeal and petition protect minorities and insure that they be heard."

The Conflict Resolution Task Force was charged with the task of preparing a workshop that can be used by any Area, District, or group. We were asked to utilize the Conference Approved Conflict Resolution Kit (S-70), containing three elements: The Wallet Card (S-71) Loving Interchange to Resolve Conflict, the Tradition Cards (S-72) Conflict Resolution Using Our Twelve Traditions, and the Booklet (S-73) Talk to Each Other – Resolving Conflicts with Al-Anon.

We were also asked to take into consideration Concept Five: "The rights of appeal and petition protect minorities and insure that they be heard."

## Workshop Details

- Consist of:
  - Part One Panel Discussion
  - Part Two Three Breakout Sessions with Skits



The Workshop Template includes two parts.

Part One includes a four-member panel discussion. Each member presents for 10-15 minutes after which there is a Question and Answer/comment period.

The discussion would include an Introduction to the skits/break-out sessions which would follow.

This panel discussion could also be used as a stand-alone workshop.

Another option could be to use part one as the first part of a day-long workshop, followed by break-out sessions.

# 

The Al-Anon Conflict Resolution Kit was released in 2013 to help members use Al-Anon's spiritual principles to work through conflict situations.

The Kit (S-70) includes three components:

- A Wallet Card (S-71) for personal reflection
- Tradition Cards (S-72)
- The *Talk to Each Other* booklet (S-73)

In this presentation we will be covering

- Coping with Conflict
- Speaking Respectfully
- Active Listening
- And incorporating Concept Five into our discussions

# Part Two: Breakout Sessions with Skits • Three Skits: • Group Conflict Scenario • District Conflict Scenario • Area Conflict Scenario • May use any of these as a breakout or stand-alone workshop

The second part of the Template includes three skits with breakout sessions to follow.

Suggested length is 45 minutes each. This would allow for rotation by members between sessions for exposure to all three Conflict Kit components.

Each skit introduces a Conflict Scenario in a group, District, or Area.

Each of the three breakout sessions could stand alone as a 60-to-90-minute workshop, with the addition of a short introduction to the conflict resolution practices covered in Part One's Panel Discussion materials.

### Part Two: Post Skit Discussion

- Practice using Al-Anon spiritual principles to resolve conflict
- Use the Conflict Resolution Kit to guide discussion
- Allow time for participants to share about the workshop

Read slide.

# Use the wisdom of Al-Anon principles found in the Conflict Resolution Kit and Concept Five to have a loving interchange regarding conflicts.

We always want to keep Concept Five in mind because every voice is important to have a loving interchange:

"The rights of appeal and petition protect minorities and insure that they be heard."

The goal of the breakout sessions is to use the wisdom of Al-Anon principles found in the *Conflict Resolution Kit* (S-70) and Concept Five to have a loving interchange regarding the conflicts that were presented.